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EDUCATION

Ph.D. in Clinical Psychology (2008)
American University, Washington, DC
GPA: 3.9

M.A. in Psychology (2005)
American University, Washington, DC
GPA: 3.9

B.A. in Psychology (2001)
Smith College, Northampton, MA
Cum Laude, with High Honors in Psychology
Minor in English Literature
GPA: 3.7

CLINICAL EXPERIENCE

Post-Doctoral Residency – Private Practice

Coral Gables, FL

Dates: March 2009 – March 2010

Supervisor: Jose A. Sandoval, Ph.D., LLC

Population served – adolescents and adults with eating, mood, anxiety, and personality disorders

Job duties:

- Performed intake interviews diagnostic evaluations
- Conducted individual, couples, and family-based psychotherapy services
- Utilized evidence-based psychological treatments

Miami-Dade County Department of Human Services – Psychological Services Division

Miami, FL

Position: Pre-Doctoral Psychology Intern (Summer Rotation)

Dates: May – August 2008

Supervisors: Ana Faraci, Ph.D., Tiffany Amrich, Psy.D., & Mitchell Gordon, Ph.D., ABPP

Population served: Children in Head Start (ages 3-5) and Early Head Start (ages 1-3) programs

Job duties:

- Conducted classroom observations and referred children for mental health services
- Consulted with parents and teachers regarding behavior management strategies
- Performed comprehensive psycho-educational and developmental evaluations
- Provided play therapy and language stimulation services to children ages 1-5

The University of Miami - Counseling Center

Coral Gables, FL

Position: Pre-Doctoral Psychology Intern

Dates: August 2007 – August 2008

Supervisors: Carolyn Eberhardt, Ph.D., Edward Rappaport, Ph.D., & Pamela Deroian, Ph.D.

Population served: undergraduates and graduate students

Job duties:

- Conducted intake interviews and wrote intake evaluations
- Conducted individual psychotherapy
- Designed and led a therapy group for students with anxiety disorders
- Performed career testing and career counseling
- Performed full-battery assessments and wrote psychological assessment reports
- Co-led Sexual Assault Response Team
- Consulted with multidisciplinary eating disorders treatment team
- Provided outreach to the university community

The Catholic University of America - Counseling Center

Washington, DC

Position: Psychology Extern

Dates: August 2006 – May 2007

Supervisors: Kavita Avula, Psy.D., Monroe Rayburn, Ph.D., & Dorothy Van Dam, LICSW

Population served: undergraduate and graduate students

Job duties:

- Conducted intake interviews and wrote intake evaluations
- Conducted individual therapy
- Participated in case conferences and videotape supervision

Children's National Medical Center – Eating Disorders Clinic

Washington, DC

Position: Psychology Extern

Dates: August 2004 – June 2006

Supervisor: Darlene Atkins, Ph.D.

Population served: adolescents (ages 11-18) with eating disorders and their families

Job duties:

- Conducted intake evaluations and performed diagnostic assessment via interviews with adolescent clients and their parents
- Provided feedback and treatment recommendations to adolescents and families
- Wrote intake evaluations and termination reports
- Conducted individual psychotherapy sessions with adolescent clients

- Co-led therapy group for adolescents with eating disorders
- Consulted with multidisciplinary treatment team

James Gray Psychotherapy Clinic

Washington, DC

Cognitive Behavior Therapy Practicum

Dates: August 2003 – July 2004

Supervisor: James Gray, Ph.D.

Population served: adults from the community with anxiety disorders, mood disorders, and impulse-control disorders

Job duties:

- Conducted weekly individual cognitive behavior therapy sessions
- Utilized empirically validated measures to track clients' progress
- Participated in individual and group supervision

American University - Counseling Center

Washington, DC

Psychodynamic Psychotherapy Practicum

Dates: August 2002 – May 2003

Supervisor: Mary Lanman, Ph.D.

Population served: undergraduate and graduate students

Job duties:

- Conducted weekly individual psychodynamic therapy sessions
- Wrote case reports and discharge summaries
- Participated in individual and group supervision

American University - Counseling Center

Washington, DC

Experiential Psychotherapy Practicum

Dates: August 2001 – May 2002

Supervisor: Carol Weissbrod, Ph.D.

Population served: undergraduate and graduate students

Job duties:

- Conducted weekly individual humanistic psychotherapy sessions
- Wrote case reports and discharge summaries
- Participated in individual and group supervision

Saint Louis Behavioral Medicine Institute – Anxiety Disorders Center

Saint Louis, MO

Clinical Practicum in Anxiety Disorders

Dates: Summer 2000

Supervisors: Alec Pollard, Ph.D. & Eric Hunsaker, Psy.D.

Population served: adolescents and adults with anxiety disorders

Job duties:

- Provided clients with psycho-education on anxiety disorders
- Guided clients through exposure and response prevention exercises
- Taught relaxation and coping techniques to clients

New York Presbyterian Hospital, Westchester Division

White Plains, NY

Pre-Career Volunteer Program

Dates: Summer 1999

Population served: inpatient adults with severe mental illness

Job duties:

- Facilitated psycho-educational groups for patients
- Organized games and activities for patients
- Supervised patients in daily activities

RESEARCH EXPERIENCE

Doctoral Dissertation

The Mediating Effect of Locus of Control in the Relationship Between Socially-Prescribed Perfectionism and Test Anxiety

American University Psychology Department

Washington, DC

Date defended: June 2006

Committee Chair: Michele Carter, Ph.D.

Research participants: college students

National Institute of Mental Health – Mood and Anxiety Program

National Institutes of Health

Bethesda, MD

Dates: September 2005 – March 2006

Supervisors: Dara Cannon, Ph.D., Kristine Erickson, Ph.D., & Wayne Drevetts, M.D.

Research participants: adults with mood and anxiety disorders and healthy controls

Job duties: Conducted full battery of neuropsychological tests, including WASI, CVLT, and computerized tests of memory and attention

Master's Thesis

Cognitive Control and PTSD in Female Victims of Abuse and Assault: A Mediation Model with Racial Differences

American University Psychology Department

Washington, DC

Date defended: May 2005

Committee Chair: Michele Carter, Ph.D.

Research participants: adult female victims of abuse and/or assault

Uniformed Services University of Health Sciences

Department of Medical and Clinical Psychology

Bethesda, MD

Position: Research Assistant

Dates: Fall 2002

Supervisor: Kelly Rohan, Ph.D.

Research participants: adults undergoing outpatient treatment for Seasonal Affective Disorder

Job duties: Evaluated study participants on symptoms of SAD using Hamilton Rating Scales

American University Psychology Department

Washington, DC

Position: Research Assistant

Dates: Fall 2001

Supervisor: Michele Carter, Ph.D.

Research participants: undergraduate students

Job duties:

- Recruited participants and coordinated meeting times
- Administered mood-induction procedures and questionnaires

Undergraduate Honors Thesis

Compulsive Hoarding: Age of Onset, Family Environment, and Related Features

Smith College Psychology Department

Northampton, MA

Date defended: May 2001

Committee Chair: Randy Frost, Ph.D.

Research participants: adults with compulsive hoarding and their family members

Smith College Psychology Department

Northampton, MA

Position: Research Assistant

Dates: September 1999 – May 2000

Supervisor: Randy Frost, Ph.D.

Job duties:

- Conducted extensive literature searches
- Summarized and presented articles
- Transcribed minutes at research meetings

TEACHING EXPERIENCE

American University Psychology Department

Washington, DC

Position: Teaching Assistant

Dates: Fall 2003

Supervisor: Zehra Peynircioglu, Ph.D.

Job duties:

- Lectured undergraduate students in introductory level psychology class
- Facilitated discussion sections
- Organized and led review sessions
- Graded response papers and examinations
- Mentored undergraduate psychology majors

Camp Med-O-Lark

Washington, ME

Position: Dance Instructor and Camp Counselor

Dates: Summer 1998

Job duties:

- Taught classes in ballet and modern dance to youth ages 11 – 16
- Choreographed dances for recitals
- Supervised boarding-style living environment with children and adolescents
- Chaperoned youth on field trips
- Assisted director of theatrical productions

PRESENTATIONS / PUBLICATIONS

Grisham, J.R., Frost, R.O., Steketee, G., Kim, H-J., Tarkoff, A., & Hood, S.K. (2009). Formation of Attachment to Possessions in Compulsive Hoarding. Journal of Anxiety Disorders, 23, 357-361.

Hood, S.K. (2008). *Accentuate the Positive: Enhancing Job Performance and Preventing Burnout through Effective Self-Care*. Presented at the Miami-Dade County Annual HeadStart Teacher Training.

Hood, S.K. & Carter, M.M. (2008). A preliminary examination of trauma history, locus of control, and PTSD symptom severity in African-American women. Journal of Black Psychology, 34, 179-191.

Hood, S.K. & Avivi, Y. (2008). *Sexual Assault: Implications for Medical Practice*. Presented at the University of Miami Medical School.

Hood, S.K. (2008). *Myths and Realities of Eating Disorders*. Presented at the University of Miami in conjunction with National Eating Disorders Awareness Week.

Grisham, J.R., Frost, R.O., Steketee, G., & Hood, S.K. (2006). Age of onset in compulsive hoarding. Journal of Anxiety Disorders, 20, 675-686.

Hood, S.K. & Carter, M.M. (2005). *Cognitive Control and PTSD in Female Victims of Abuse and Assault: A Mediational Model with Racial Differences*. Presented at the Association for the Advancement of Behavior and Cognitive Therapy Conference, Washington, DC.

Hood, S.K. & Frost, R.O. (2001). *Compulsive Hoarding: Age of Onset, Family Environment, and Related Features*. Presented at the World Congress of Behavioral and Cognitive Therapies; Vancouver, British Columbia, Canada.

Frost, R.O., Tarkoff, A.L., Hood, S.K., Smith, A. (2000). *The mediating effect of perfectionism in the relationship between indecisiveness and hoarding*. Presented at the Association for the Advancement of Behavior Therapy Conference, New Orleans, Louisiana.

EMPLOYMENT EXPERIENCE

The Episcopal Center for Children

Washington, DC

Position: Performance Improvement Coordinator / Research Assistant

Dates: May 2003 – May 2007

Supervisor: Alan Korz, LCSW

Population served: Children (ages 5-13) with severe emotional disturbance and their families

Job duties:

- Ensured Center's constant compliance with Joint Commission for the Accreditation of Healthcare Organizations' (JCAHO) standards
- Established and revised Center policies and procedures
- Consulted with Executive Director, teachers, social workers, activities specialists, and counseling staff in facilitating performance improvement activities
- Conducted treatment outcome research
- Compiled and analyzed behavior management data

American Psychological Association – Center for Gifted Education Policy

Washington, DC

Position: Administrative Assistant

Dates: June 2001 – May 2003

Supervisor: Rena Subotnik, Ph.D.

Job duties:

- Organized The Pinnacle Project, an interdisciplinary mentorship program for exceptionally talented high school students
- Supervised high school students at Pinnacle Project
- Wrote and edited articles on topic of gifted education
- Coordinated budget
- Communicated with educators, psychologists, and parents

Smith College Psychology Department

Northampton, MA

Position: Psychology Lab Manager

Dates: September 2000 – May 2001

Supervisor: Randy Frost, Ph.D.

Job duties:

- Supervised research assistants
- Coordinated mailings and subject payment

- Interviewed study participants
- Analyzed data using SPSS
- Organized documents and articles

Smith College English Department

Northampton, MA

Position: Editorial Assistant

Dates: Winter 1999

Supervisor: Patricia Skarda, Ph.D.

Job duty: Edited literary manuscripts for publication

PROFESSIONAL AFFILIATIONS

- American Psychological Association (APA)
- National Eating Disorders Association (NEDA)
- Association for Behavioral and Cognitive Therapies (ABCT)
- Academy for Eating Disorders (AED)
- Sigma Xi, Honors Society for Scientific Research – Student Member (2001)
- Psi Chi Undergraduate Psychology Honors Society (1999 – 2001)